



## In This Issue

- Projects Abroad donation
- Care experience in Dar
- Care experience in Arusha
- Medical experience in Dar

## Connect on Social Media!



**Projects Abroad Tanzania**  
Connect to new and former volunteers from all around the world!



**Tanzania Country Blog**  
Share your story, photos and videos with family & friends!



**Projects Abroad**  
Watch videos testimonies from volunteers in projects all over the world.

## Contact Us Online:



Information Manager

## Building Project is a family affair



Eric Thibault says his daughter Gabrielle (16) was the inspiration for their two week trip to Tanzania. “She always wanted to participate in a humanitarian project abroad. We decided to turn this into a family experience.” Along with Eric, his wife Natalie and son Guillaume (14) departed Quebec, Canada in August to work on the

Building Project at Suma Engikaret School. Volunteers are valuable to the building project because the work is labour-intensive and the local fundis (builders) need all the help they can get. Part of their daily responsibilities included mixing cement, carrying sand and stones, shovelling sand and rocks, cutting wood and building cement frames with wood timber. The Thibaults were given directions from the fundi. One of the main challenges was learning to do construction work without electricity and machines. [Click here to read more...](#)

## Medical volunteer donates 200 eyeglasses

One of the best ways to explore career options after graduating high school is to get field experience. That’s exactly what 18 year old Kieran Dash did upon completion of his education at Loughborough Grammar School. “I am currently taking a gap year before I apply to medical school. I wanted to volunteer in Tanzania to help me mature and also experience a different culture and different types of medical care, after carrying out work experience in British hospitals and GP practices.” Kieran arrived in Arusha, Tanzania in mid-July to embark upon a one month medical placement at a local hospital. “I really enjoyed that I managed to get lots of hands on experience in the hospitals in Tanzania, and built up relations with the staff in the hospitals, whilst also getting to socialise with local Tanzanian people and fellow volunteers.” Kieran did not come to Tanzania empty handed. He received a substantial donation from his father’s optometry practice. [Click here for more](#)



<http://bit.ly/1bqFLDe>

## ALUMNI CORNER!

We invite all volunteers to participate in part-time paid work as an Alumni Representative after leaving our destination. Alumni Representatives attend promotional events and fairs in their home country and share their experience living and volunteering with Projects Abroad. If you are interested in becoming an Alumni Representative, email [alumni@projects-abroad.co.uk](mailto:alumni@projects-abroad.co.uk).

## Support Your Project

We often get requests from previous volunteers who would like to financially support their former project. If you would like to make a general donation to support our international work or if you want to donate to your previous placement please visit the Reconstruction Project website and earmark your donation for a specific charitable purpose. It will always reach your intended target!

<http://www.justgiving.com/reconstructionproject>.

You may also send a cheque to The Reconstruction Project, c/o Projects Abroad, Aldsworth Parade, Goring, Sussex, Great Britain, BN124TX

---

## Volunteer donates \$10k to DAR hospital

So my name is Jeremy Ousey and I'm 18 years old. Between my two years of sixth form I decided to go out to Tanzania to do some medical volunteer



work with *Projects Abroad* and I had what can only be described as a life-changing experience. Having done work-experience in UK hospitals to then work in a Tanzanian hospital was an unfathomable jump. I went from barely being allowed to speak to patients to being required to help deliver babies because the hospital wards were short of staff. But an eye opening as that was; what

was truly amazing was the equipment, or lack thereof, that they used. On a regular basis there were power cuts, which make working in a hospital rather tricky-to the point where people were being stitched up by the light of a mobile phone. Nearly every day that I was working on the labour ward would start with me making a quick trip to the local pharmacy to buy 4 or 5 boxes of examination gloves as the labour ward had run out! And as I'm sure you can imagine, when the labour ward runs out of gloves: everything would grind to a halt. Click here <http://bit.ly/187FstN>

---

## Safari Marathon 5K Corporate Challenge

On Sunday, September 8, a team of 17 staff and volunteers participated in the 4<sup>th</sup> Annual Safari Marathon in Arusha. The race began just after sunrise at 7:15am. Despite the early start time, Team Tanzania was full of energy and excited to be a part of the large crowd. A few members of the team finished in the Top 15 including Gustav Lange (DEN) finished 16<sup>th</sup>; NicoloCosmelli (ITA) 17<sup>th</sup>; Theresa Kolbe (GER) 18th; and Moses Phineas (TAN) 23<sup>rd</sup>. Volunteers Emily Haw (AUS) and Emily Hassinger (USA) also had strong finishes. The purpose of the Safari Marathon is to promote sports and fitness in Tanzania and to build support for local athletes/runners with aspirations for the Olympics. For more info visit [www.safarimarathon.com](http://www.safarimarathon.com). Or [Click here for more](#)

## Dirty Day at Naserian Orphanage and School

The August Dirty Day was held at Naserian Orphanage in Arusha. Naserian is one of the care placements of Projects Abroad. The 2 Week Special volunteers worked tirelessly for two weeks painting and sanding the dormitories and classrooms in July. However, the external face was in need of renovation.

## TFA Family gets bigger!

With the help of 2 Week Special volunteers, Projects Abroad build a chicken house and purchased 49 adult chickens as part of a sustainable project to provide food and income for Tumaini for Africa Orphanage in Arusha. Within a month, the chickens laid many eggs which were sold and a few were allowed to hatch, adding 45 new members to the family!